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CHINMAYA MISSION BOSTON



Blessed Self!

Hari OM.

Happy Ugadi, Rongali Bihu, Gudi Padwa, Puthandu, Bishu, Navreh, Mahabishuba Sankranti, Cheti Chand, Vaisakhi, Poila Baishakh, Jude-Sheetal. No matter which name we use, it is HAPPY NEW YEAR.

Following this theme, Chinmaya Mission Boston is honored to host the newly appointed Consul General of New York (India), Mrs. Riva Ganguly Das on Sunday, April 10th. Please scroll below for details.

Our annual Celestial wedding celebration of *Sita Kalyanam*, will be conducted on Saturday, April 16th. Please see the invitation below.

Join us for an interactive seminar on **effective communication between parents and their teen & preteen children** on Sunday, April 24th.

Please scroll down below for important updates to our Chinmaya Calendar including a holiday in this month for some locations.

Scroll below for details on Pujya Guruji's visit, Walk for Hunger, Double Header event, updates on Chinmaya Birth Centenary Celebrations and temple events.

Important Note: Andover patrol officers noticed that many of our members are not using their blinkers/indicators when turning into the center. They have asked us to remind that for our personal safety and for the safety of others, we must use the indicators when we turn our car into the center.

At His Service
Chinmaya Mission Boston



Welcoming Indian Consular General of New York,
Mrs. Riva Ganguly Das

We are pleased to host the newly appointed Indian Consular General of New York, Mrs. Riva Ganguly Das on Sunday April 10th, 2016.

This is a great opportunity for you to listen to Mrs. Das and participate in the Q&A session.

Weekly Events at Andover

Sundays:

9 AM - Bala Vihar classes

9 AM - Adult Satsangs

10:40 AM - Language classes

11:50 AM - Bala Vihar classes

11:50 AM - Adult Satsang

Tuesdays:

7 PM - Lord Hanuman

Abhishekam

Wednesdays:

7:30 PM - Guided Meditation

Weekly Events at Metrowest

Sundays:

2:15 PM - Language classes

3:30 PM - Bala Vihar classes

3:30 PM - Adult Satsang

Weekly Events at Newton

Sundays:

2 PM - Bala Vihar

2 PM - Adult Satsang

Weekly Events at Dover (NH)

Sundays:

2 PM - Geeta Chanting

2 PM - Yoga classes

2:30 PM - Bala Vihar

2:30 PM - Adult Satsang

4 PM - Language classes

Details:

Date: Sunday April 10, 2016

Time: 4 to 6:30 PM

Location: Chinmaya Mission, 1 Union Street,

Andover, MA - 01810

Schedule:

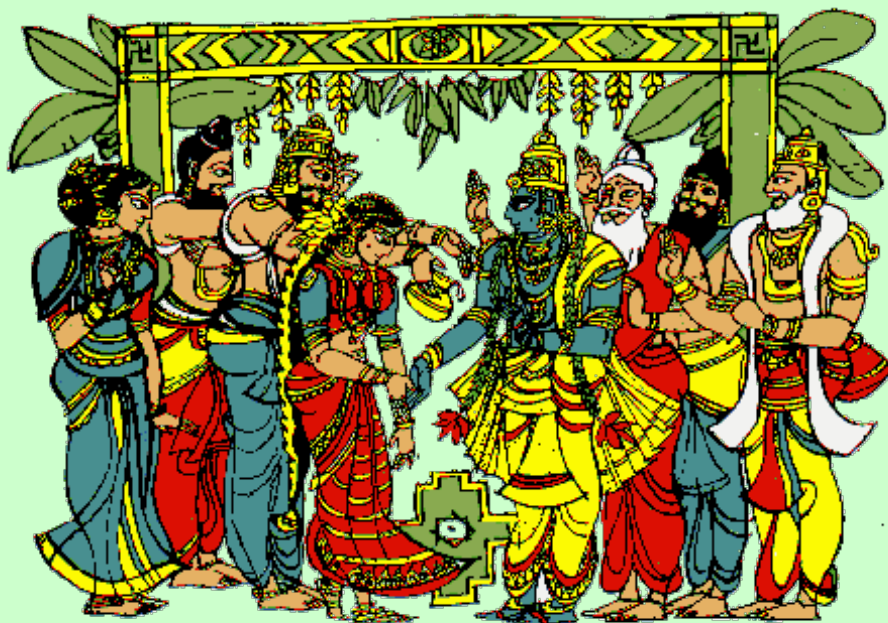
4 to 5 PM - Snacks, Reception & Networking

5 to 6:30 PM - Main program including address by Mrs. Das and Q&A session

This event is open and free to all. RSVP/Pre-registration (via email to info@chinmaya-boston.org) requested for snacks & seating. Pre-registered guests will have priority due to limited seating.



Celestial Wedding of Mother Sita with Lord Sri Rama



We are pleased to invite you to Celestial Wedding of Lord Sri Rama with Goddess Sita Devi, on the occasion of Sri Rama Navami.

Program Details:

Date: April 16, 2016

Location: Chinmaya Maruti temple

Time: 9 AM to 1 PM

Contact phone: 978-684-2646

Sponsorship: General - \$51, Grand Sponsorship - \$501

Program Schedule:

9 AM - Sankalpam for Sponsors

2:00 PM - Mahamangala Arati

Prasadam will be served after Arati

Please bring fruits & sweets for Celestial Wedding

This event is free and open to all. Please invite your family and friends.

Effectively Communicating with Teens and Preteens

We are pleased to host an interactive session with Dr. Chand Bhan MD (Psychiatrist) and Dr. Rekha Quazi MD (Pediatrician) about effective communication with teenagers and preteens.



This session covers various topics such as:

- the biological changes that children go through as they enter into adolescence,
- peer pressure,
- dating,
- balancing between academics, extracurricular activities and free-time,
- causes for communication breakdown between parents and children,
- symptoms of anxiety and early depression etc.

This FREE and interactive session is ideal for parents of teens and preteens. Others are welcome to join as well.

Details:

Date: Sunday April 24, 2016

Time: 10:45 to 11:30 AM

Location: Chinmaya Mission Auditorium, 1 Union Street, Andover, MA

About speakers:

Dr. Chand K. Bhan has received training in general internal medicine and psychiatry. He came to the US in 1974, moved to Massachusetts in 1978, and has been in private practice ever since. Chand ji is an active member of Chinmaya Mission and actively involved in several community outreach programs.

Dr. Rekha Quazi is one of 4 pediatric endocrinologists at Lowell General Hospital and practicing for more than 20 years.

Walk for Hunger - Transforming Hungry to Healthy

The 20-mile Walk for Hunger begins on the Boston Common, and winds through Boston, Brookline, Newton, Watertown, and Cambridge. Our group, Chinmaya Walkers, has been supporting this worthy cause for the past 11 years. On Sunday May 1st, 2016, tens of thousands of people from all walks of life will raise both hunger awareness and much-needed dollars to help combat hunger in our state. Join us as a Walker, sponsor, or both! As the largest public fundraising walk in the Commonwealth, the Walk is a powerful example of what's possible when we join forces to create, advocate for, and support meaningful change.



Team page : <http://tinyurl.com/wfh16>

Please Note: Chinmaya Mission will be open at all our locations on May 1st. Adult Satsangs and Bala Vihar classes are conducted as per regular schedule.

Pujya Guruji's Jnana Yagna - *Inspiration from Bhagavad Gita for Daily Living* & Discourses on *Gopika Geetam* by Pujya Swami Shantananda ji

We are very happy to announce Pujya Guruji Swami Tejomayananda ji will be visiting our Boston center between **July 21st and 26th**. During this time, Guruji will be conducting a Jnana Yagna titled ***Inspiration from Bhagavad Gita for Daily Living***.



Daily evening discourses are conducted on this topic.

Additional special discourses are conducted on Saturday July 23rd and Sunday July 24th. Stay tuned for details.



Pujya Swami Shantananda ji will be accompanying Guruji and will be co nducting daily morning discourses on Gopika Geetam.

Please mark your calendars for this important visit as Pujya Guruji has indicated that he will be reducing his world wide travel after this year. More details to follow.

Temple Events

Monthly Events

Sunday April 3, 2016

*Sunderkand Parayan - 3 PM
Bhajans, Arati followed by Lunger Prasad*

Tuesday April 5, 2016

Maasa Sivarathri - 5 PM

Thursday April 7, 2016

Chandramana Ugadi & Panchanga Pathanam - 7 pm

Saturday April 9, 2016

Sri Ram Parivaar Abhishekam - 6 PM

Wednesday April 13, 2016

Tamil New Year - Panchanga Pathanam - 7 pm

Saturday April 16, 2016

Sita Kalyanam & Sri Rama Navami Celebrations - See flyer above

Sunday April 17, 2016

Bhajan Sandhya - 5:30 to 7 PM

Thursday April 21, 2016

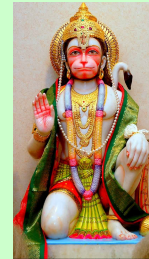
Purnima - Satya Narayana Puja - 7 PM

Saturday April 23, 2016

Maha Vishnu Abhishekam & Sri Vishnu Sahasranama Parayanam - 5:30 PM

Monday April 25, 2016

Sankata Hara Chaturthi - 7 PM



Monday May 5, 2016

Maasa Sivarathri - 7 PM

Saturday May 7, 2016

Navagraha Abhishekam - 6 PM

Sunday May 8, 2016

Pujya Gurudev's Birth Centenary Celebrations

Tuesday May 10, 2016

Sankara Jaanthi

Friday May 13 - Saturday May 14, 2016

Akhanda Ramayan - Starts on Friday evening at 6 PM

Hanuman Abhishekam - Saturday evening at 6 PM

Friday May 20, 2016

Purnmia - Satyanarayana Puja - 7 PM

Saturday May 21, 2016

Sri Rama Parivaar Abhishekam - 6 PM

Wednesday May 25, 2016

Sankata Hara Chaturthi - 7 PM

Saturday May 28, 2016

Maha Vishnu Abhishekam & Sri Vishnu Sahasranama Chanting - 6 PM

Weekly Events:

Tuesdays

Hanuman Abhishekam - 7.00 PM

Wednesdays

Guided Meditation - 7:30 PM in Meditation Hall (3rd floor)

Hanuman Chalisa chanting at 6.45 PM followed by Mangala Arathi @ 7 PM* on all days

* On evenings when there are special events/puja, Mangala Arathi will be performed towards the end of the event/puja.

Chinmaya Mission Calendar Update

Please note the following changes to our calendar.

- April 17, 2016 - Chinmaya Mission (Andover, Metrowest and Newton) locations are closed for Patriots day. Dover, NH location is open.
- June 12, 2016 - Annual CORD Walk and Picnic scheduled for June 12th is cancelled, since there are two big events at our center (Pujya Gurudev's Birth Centenary celebrations of May 8th, and Pujya Guruji Swami Tejomayananda ji's visit in July)
- June 12, 2016 - Last day of Bala Vihar instead of June 19, 2016

Gurudev's Birth Centenary Celebrations Updates

Essay and art work deadline has been extended due to the snow day and will be accepted until April 10th.



Pujya Gurudev Swami Chinmayananda's Birth Centenary Celebration is fast approaching... on May 8th! Please see our recently updated website for exciting details about the Celebrations: <http://www.chinmaya-boston.com/cbcc>

We need many hands to make this event run smoothly. In true Seva spirit, we hope you will help wherever possible to make this event a grand success. We are using VolunteerSpot to organize Sign-ups for the various areas that we are looking for help.

Here's how it works in 3 easy steps:

- 1) **Click this link to see our Sign-up on VolunteerSpot:**
<http://vols.pt/uhYGra>
- 2) Review the options listed and choose the spot(s) you can help with.
- 3) Sign up! It's easy - you will NOT need to register an account or keep a password on VolunteerSpot.

Note: VolunteerSpot does not share your email address with anyone. If you prefer not to use your email address, please contact Padmini Narayan at pnar98@yahoo.com and I can sign you up manually.

We look forward to seeing all our CMB families participating and enjoying the event in large numbers.

GURU PADUKA PUJA ON MAY 8TH

We will be starting our Gurudev Swami Chinmayananda's Birth Centenary Celebration on May 8th, with Guru Paduka Puja at **8:00am**. All are welcome to participate in the Puja. Sponsorship of Puja (\$101) is available. (Note: sponsoring the Puja is **not mandatory**.)

To help us plan for the Puja setup, please let us know if you will be attending the Puja by clicking on the [link](#) below:

<http://goo.gl/forms/hRZQqVktT1>

Sprint Concert Series - Double Header 2016

This is just a gentle reminder to those of you who have not still purchased tickets for the upcoming concerts by Sangeetha Kalanidhi Sanjay Subrahmanyam and Ranjani and Gayatri at the Chinmaya Mission, Boston in Andover on April 30th and 29th respectively. Most of you have already taken care of it. We have just about 60 or so tickets left for Sanjay and about 80 or so for Ranjani and Gayatri. Please go to www.lokvani.com to purchase your tickets without further delay in order to avoid disappointment of missing out on this wonderful opportunity.



CHINMAYA MISSION BOSTON

PRESENTS

Double Header 2016



Ranjani - Gayatri



Despite singing in unison, the individual styles of the formidable twosome can be distinguished, owing to their complementing musical qualities.

Friday April 29, 7 pm

Sanjay Subrahmanyam

Sanjay Subrahmanyam is one of those rare and complete performers whose concerts are the product of a lively and intelligent mind.



Saturday April 30, 5 pm

VIP - \$100, Premier - \$50,
General - \$35, Members, seniors & students - \$30
Combo Ticket: VIP - \$180, Premier - \$90, General - \$65

For tickets, go to lokvani.com

Contacts: Durga Krishnan - dkrishnan1015@gmail.com
Sumana Rao - sumaarao@gmail.com

1 Union Street, Andover, MA 01810

Spirituality

Teachings of Pujya Guruji Swami Tejomayananda

As long as the thoughts keep dancing, identified with the mind and sense organs, we also keep dancing to its tune! When the thought of anger arises, one says "I am angry."



When one obtains the objects of one's liking, one says "I am happy." And the *Samsara* continues.

Actually, it is we who are maintaining the *Samsara*. Sometimes we feel tired of it all, but we find others also dancing to the same tunes and reconcile ourselves to it. When real *Vairagya* comes, then the person says, "O Lord, I have danced enough to the tunes of *Raaga*, *Dvesha*, *Kaama* and *Krodha*, please relieve me." Thus *Samsara* will be there as long as you dance along. The moment you really want to get out of the cycle, help comes.

